

Most Old People Are Constipated

The wear of years impairs the action of the bowels. As people grow older they restrict their activity, neglect to take sufficient exercise, and indulge in a natural disposition to take things easy. The digestive organs become more sensitive to the demands made upon them and rebel more quickly.

It is of special importance to the health of elderly people that the bowels be kept normally active. A mild, yet effective, remedy for constipation, and one that is especially suited to the needs of old folks, women and children, is the combination of simple laxative herbs with pepsin sold in drug stores under the name of Dr. Caldwell's Syrup Pepsin. It costs only fifty cents a bottle, and should be in every family medicine chest. A trial bottle, free of charge, can be obtained by writing to Dr. W. B. Caldwell, 456 Washington St., Monticello, Illinois.

MARSHFIELD

A meeting was held Saturday evening in the bandroom to organize for the Y. M. C. A. work in this town. A committee has been appointed for the various districts and the canvass is to be made this week. The committee expect to visit every family and it is hoped that they will be cordially received and that each one will contribute liberally to the cause. If you are not able to give a large amount give a small one, but don't fail to do your bit. Remember that our young men have enlisted and gone to the front and are ready to give their lives if need be. Can we withhold anything that will be of benefit to them?

Mr. and Mrs. C. E. Thwing left Saturday for a business trip to Boston.

The Bible study class will meet this week Thursday evening with Mrs. Corliss and the lesson will be the book of Numbers.

Mrs. O. D. Cole received word Sunday night of the death of her brother, Willard Twiss, in Bristol, Conn. She left for Wolcott, his former home, that evening.

Harold Pike of the 1st Vermont regimental band, stationed at Ayer, Mass., was the guest of his parents, Mr. and Mrs. Berton Pike, over Sunday.

The net proceeds of the dinner and supper served by the Methodist ladies aid last Friday amounted to \$17.50. There was a good attendance in the evening at the reception given to the pastor, Rev. Platt, who, with his daughter, was assisted in receiving by Rev. Furness, pastor of the Congregational church, and Mrs. Furness. Mrs. Platt has not yet arrived from their former home. There was a short musical and literary program, one number being a recitation by Mrs. Melinda Bemis, who is 86 years of age, but who recited in a manner which would have done credit to one many years younger.

The prayer meeting will be held at the home of Mrs. Melinda Bemis on Thursday evening at 7 o'clock. The subject will be "Obedience."



Barley a Great Grain

superior to wheat in some ways as a food grain. But home users have been unable to get hold of much barley flour.

This difficulty is all smoothed out when you use

Grape-Nuts

a food made of the finest malted barley and the finest whole wheat, all ground in our own mills.

Think of it! Barley—superior in protein, with a digestive element which not only transforms its own grain, but the wheat berry also. In Grape-Nuts and cream you have a delicious food, containing all the material needed for balanced nourishment.

Ready to Eat from Package, Highly Nourishing, Economical

Postum Cereal Company, Battle Creek, Mich.

Repairs

Special attention given to motor repairing

Barre Electric Company
135 North Main Street Tel. 98-W Barre

Going Higher

Now is the time to purchase the automobile you had intended to get next spring, as the prices are advancing and you will save good money by buying a Hudson Super-Six or Saxon Six Car at present prices.

I still have a few good buys left in used cars.
B. W. GOODFELLOW, 69 So. Main St.

LABOR RADICALS HOLDING UP U. S.

Agitators Pay No Attention to Wilson's Appeals

DRASTIC MEASURES ARE MUCH NEEDED

War Plans Delayed by the "Small Fry" of Unions

Washington, Nov. 14.—The walkout of 10,000 mechanics employed in the shipyards around Newark, though of short duration, has left small comfort to officials here who had hoped that the president's address Monday before the American Federation of Labor convention in Buffalo would have the effect of staving off further strikes in the nation's war industries.

On the other hand, it gives added strength to an impression that has been steadily growing among the departments in Washington, that the radical elements of organized labor are determined, regardless of all the promises which the Gompers faction make, to use the war as a means of holding up the government and the industries of the country for higher pay and easier hours.

At a recent conference in Washington between representatives of the navy department, the shipping board, shipbuilding companies and organized labor, it was learned yesterday, one of the radical subordinate leaders in the American Federation of Labor virtually served notice that there would be constant agitation of labor questions in the shipyards and elsewhere until the government had successfully exercised its influence in unionizing the labor on all war industries.

While the threat, since repeated in less direct fashion, cannot in any sense be regarded as reflecting the attitude of such labor leaders as Mr. Gompers, officials of the government noted yesterday that it emanates from the very element that generally starts strikes and stirs up discontent among the workers.

It has been stated frequently by responsible officials here who have been struggling desperately to get ahead with the shipbuilding demands of the war that sooner or later the government must adopt drastic measures to meet the labor situation. These officials are by no means unfriendly to organized labor, and they are deeply appreciative of what Mr. Gompers has tried to do to enlist the support of labor.

Their troubles have been with the "small fry" leaders, the walking delegate agitators, whose livelihood depends on a state of discontent, in labor, and with mysterious individuals whose persistent efforts to stir up trouble have created a strong but as yet unprovable impression that they are deliberately working in the interest of Germany.

The machinery for more drastic measures, so far as laboring men of military age are concerned, has already been provided in the reorganization of the draft regulations effected by Provost Marshal

NERVOUSNESS AND BLUES

Symptoms of More Serious Sickness.

Washington Park, Ill.—"I am the mother of four children and have suffered with female trouble, backache, nervous spells and the blues. My children's loud talking and romping would make me so nervous I could just tear everything to pieces and I would ache all over and feel so sick that I would not want anyone to talk to me at times. Lydia E. Pinkham's Vegetable Compound and Liver Pills restored me to health and I want to thank you for the good they have done me. I have had quite a bit of trouble and worry but it does not affect my youthful looks. My friends say 'Why do you look so young and well?' I owe it all to the Lydia E. Pinkham remedies."—Mrs. ROBT. STOPIEL, Sage Avenue, Washington Park, Illinois.

If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of charge.

General Crowder. How adequate this will prove to be will depend in large measure on the spirit in which the government puts it into operation.

Under this scheme provision is made for the grouping of men of military age under five classifications according to the importance of their present occupations to war-making activities of the government.

Under future drafts for military service it is proposed to call up the registrants in the order of those groups, taking first those who are classed in occupations least essential to the industrial branches of war. Under this plan, for example, who are employed in the shipbuilding trades or in the manufacture of munitions and other much needed supplies would be in the group least likely to be called and the practical effect of such a policy, it is hoped, would be to persuade the workers of the country to crowd into these essential trades. In other words, the young men of trades would face the alternative of service in the army or service at high wages in the shipyards or munition factories.

RANDOLPH

Mr. and Mrs. John Lamson were in Barre Tuesday night to attend an entertainment and also to visit Miss Katherine Dudley, a teacher in the schools in that city.

The postoffice is being thoroughly cleaned and refurnished with a fresh coat of paint and varnish, improving it greatly. It is understood that the room is not large enough for the work that is now being done here, and that the addition of the adjoining room, now occupied as a barber shop, will soon be taken on, if the proper authorities consent to the increase of rent.

Rev. J. E. Locke gave a very interesting address before the Brotherhood on Monday night at the parish house, which was greatly enjoyed by those present. Mr. Locke took for his topic, "Courtship and Marriage in the Olden Time."

Mrs. Florence Ostryer left Tuesday for Springfield, Mass., where she will pass several days with her two sons and families, who reside there. George Ostryer, who is in the navy, has not been heard from for three weeks, and his whereabouts are not known at present.

Mrs. Mary Bryer, who has been occupying the house of her sister, Mrs. Mary Hodgkins, on the Highlands, for the summer, has closed the same for the season and went to Rochester Tuesday to pass the winter with her sister. Her brother, Eaton Walcott, who has been with her here, left Monday for Rochester to remain there for the winter.

Miss Minnie Carpenter of Montpelier came Tuesday on a business trip, in connection with the rental of her home on the Highlands.

Mrs. M. W. Chamberlin left Tuesday for Springfield, Mass., to join her mother, Mrs. Walbridge, and visit her uncle who resides there.

Mrs. G. W. Pantan is improving slowly from her shock, which she sustained last week, and is now being taken care of by the domestic nurse, Mrs. Joseph Menard.

Mrs. C. E. Lasell is so much improved that she was able to be on the street Tuesday, although she cannot yet use her arm much.

Many Christmas boxes are being sent from this place to the boys who are "somewhere over there" by the relatives and friends, and the postoffice employees are very busy in inspecting and marking them properly for the mail.

BETHEL

Mrs. Maria Fish will rent her house and will take rooms in Lowell, Mass., and keep house for her son, Leonard, who has a position as secretary in the office of the Lawrence mills.

Friends here have learned that Mrs. Lucy Durkee, formerly of Gayville, died Monday in Lakewood, N. H., at the home of her son, Clinton Durkee, after a long illness. The funeral will be held Friday at 1 o'clock in the Methodist church at Gayville.

Elbert Jebb, a high school student, was a successful deer hunter on Monday, getting a buck weighing 170 pounds, near his home on the hill between Camp Brook and the Glend neighborhood.

Bernard Wilmot of West Lebanon, N. H., a son of Mr. and Mrs. W. W. Wilmot, who was called early into the national army, was transferred from Camp Devens to Camp Merritt at Tennyson, N. J., and assigned to the engineer reserves. His people suppose that he sailed for Europe last Saturday.

The Universalist fair begins to-morrow afternoon and continues through Friday evening. On the first evening will be a chicken-pie supper and on the second evening a play by first-class local talent.

Aliens Are Sent Back

If there is likelihood of their becoming public charges. Your wife and children cannot be deported, but unless you give them life insurance you involuntarily surrender them to charity. National Life Ins. Co. of Vt. (Mutual). S. S. Ballard, general agent, Bialto block, Montpelier, Vt.

IN LOCAL MARKETS

Dressed Pork Is Easy This Week at 20c Per Pound

POTATOES QUIET, \$1.25 PER BUSHEL

Fresh Eggs Are Very Scarce —Butter 44¢/45 Cents

Barre, Vt., Nov. 14, 1917.
Dressed pork easy. Potatoes quiet. Fresh eggs scarce. Wholesale quotations:

Dressed pork—20c.
Veals—17¢/18c.
Lamb—25c.
Fowls—23¢/25c.
Chickens—28¢/30c.
Fresh eggs—30c.
Butter, creamery—45c.
Butter, dairy—44¢/45c.
Potatoes—\$1.25.

RICKER'S MARKET REPORTS.

Milk Cows Scarce at \$60-\$120—Calves in Good Supply.

St. Johnsbury, Nov. 14.—Receipts at W. A. Ricker's market for the week ending Nov. 13 included:
Poultry—600 lbs., 10¢/12c.
Lamb—110, 4¢/12c.
Hogs—480, 14¢/16c.
Cattle—280, 3¢/8c.
Calves—760, 4¢/12c.
Milk cows—45, \$60-\$120.

IN BOSTON MARKETS.

Butter Prints 47¢/47½¢, Eastern Eggs 68¢/70c.

Boston, Nov. 14.—Jobbing prices:

Butter—Fancy northern creamery, in tubs 45¢/46c, boxes 46¢/47c, prints 47¢/47½c, fancy western creamery 45¢/45½c, good to choice creamery 44¢/44½c, fair to good 43¢/43½c, renovated butter 42¢/42½c, ladies 40¢/40½c.
Cheese—New York twins, fancy 24¢/25c, fair to good 23¢/23½c, Young America 26½¢/27½c.
Eggs—Fancy nearby henney 75c, choice eastern 68¢/70c, fresh western extras 63¢/64c, primo firsts 50¢/52c, firsts 52¢/50c, storage extras 38¢/39c, firsts 37¢/38c.

HOG PRICES HIGHER.

Other Livestock, Except Choice Calves, Easier.

Boston, Nov. 14.—Another advance in hog prices was registered at the Brighton stockyards yesterday, but other kinds of livestock were easier, if not actually lower, except possibly calves.

Buyers said that there was nothing in the market yesterday in the way of heavy steers that would bring over 10c, though some drovers were asking more. Tops were quoted at 10c and a fraction.

GIRLS! GIRLS! TRY IT! STOP DANDRUFF AND BEAUTIFY YOUR HAIR

Hair Stops Falling Out and Gets Thick, Wavy, Strong and Beautiful

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a "Danderine hair cleanse." Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Danderine dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use, when you will actually see new hair, fine and downy at first—yes—but really new hair growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a small bottle of Knowlton's Danderine from any druggist or toilet counter for a few cents.—Adv.

better for choice, 9¢/9½c for average tops, 7¢/8c for good cattle and 6¢/6½c for light.

For the best beef cows, 8½c appears to have been about the best price of the day, fancy stock being quoted at 7½¢/8½c, with average tops at 6½¢/7½c, good cows at 5¢/5½c, 4¢/4½c for ordinary cows and 3½¢/3¾c for canners.

Bulls were not much changed, fancy animals being held at 7¢/7½c, average bulls at 6¢/7c, and bologna and small bulls at 4½¢/5½c.

Calves were easier, except for very choice. Some fancy from New York state and others sold at 15c or better, but average bunch lots were not above 12¢/13c, with occasionally more for a small lot. Fair lots sold at 10¢/12c and grassers and drinkers at 7¢/9c.

Sheep and lambs were in heavy supply, but prices were not much changed.

DO YOU WORK INDOORS

Then you need a winter tonic to keep up your blood-strength and nerve-force. For nearly fifty years physicians have prescribed

SCOTT'S EMULSION

because it is a true food and an active tonic, easily digested and free from alcohol. If you are run-down, if night finds you tired and sleep is not refreshing, by all means get Scott's Emulsion today. You Need It.

Scott & Bowne, Bloomfield, N. J. 17-31

Velvet

THE SMOOTHEST SMOKING TOBACCO

THERE may be some things that can be done well in a hurry, but pickin' a wife an' agein' a tobacco ain't amongst 'em.

Velvet Joe

VELVET might be hurried along on its way to your pipe, but the time gained would not pay for the loss of VELVET'S mild, hearty flavor—its mellow, natural taste.

Slow natural ageing is everything in the maturing of tobacco.

Liggett & Myers Tobacco Co.

5c Bags 10c Tins



average lambs bringing 11¢/13c, and sheep 7¢/9c. Some fancy lambs sold at better than above prices, but such stock was scarce.

Hogs were advanced to 17½¢/17¾c for best stock, with rough lots at 16¢/17c. Hogs coming to market at this time are said to show an unusual percentage of shrinkage.

Milk cows are selling well for fancy and good milkers, but ordinary milkers are slow of sale. Prices range from \$40¢/\$50 for ordinary up to \$125/\$150 for fancy milkers.

Another half cent has been added to the price of dressed hogs, packers now quoting 21½¢/22c, against 21¢/21½c a week ago, and 12¼¢/13c a year ago.

WEBSTERVILLE

Websterville Young Woman Married Springfield Man.

Miss Annie Zaster of this place, daughter of Mrs. Mary Zaster, and John J. Matheson of Springfield, Mass., were married at St. Sylvester's rectory Monday morning at 8 o'clock. The couple were unattended. The only witnesses were Mrs. Henry Albin, sister of the bride, and Joseph Morin, uncle of the bride. The single ring service was used. The bride wore a taupe taffeta and carried bride's roses. Her traveling suit was green with hat to match. After a bountiful wedding breakfast at the home of the bride, at which only the immediate relatives were present, the happy couple left for Springfield, Mass., where the groom is employed. They are both well and favorably known in this village and were the recipients of many useful gifts.

Irvin Lucia of Springfield, Mass., is visiting his parents, Mr. and Mrs. M. E. Lucia.

Miss Mary Boissonneau, who has been

visiting relatives here for a few weeks, returned to her work in Milford, Conn., Monday.

Ralph DiPalo went to Worcester, Mass., this week to seek employment. Hermon Lucia and Phemie Boulrice, formerly of this place, were married in Springfield, Mass., Monday morning and are now visiting the former's home here.

James Miles of Sutton planted a pint of beans and harvested two and one-half bushels.



Clear your skin! Make your face a business asset

That skin-trouble may be more than a source of suffering and embarrassment—it may be holding you back in the business world, keeping you out of a better job for which a good appearance is required. Why "take a chance" when

Resinol
Ointment heals skin-eruptions so easily?

Pale Cheeked Women

who are listless, dull-eyed and nervous, need a gentle tonic and corrective to relieve the headache, biliousness, depression and other symptoms which show that the system is run down or out of order. These conditions are all quickly conquered, the cause gradually corrected, and health and strength restored, while women

are made fair and ruddy by

the timely use of that world-known remedy—Beecham's Pills. These famous pills tone the stomach, assist the liver, and have a gentle and thorough laxative effect. They are made of medicinal herbs which help to cleanse, strengthen and regulate the system. No harmful drug in their composition so they act mildly and naturally, without weakening or causing discomfort. For over sixty years, women in all parts of the world have been relieved from suffering and helped back to health by the wise use of

BEECHAM'S PILLS

"The Largest Sale of Any Medicine in the World"

At All Druggists, 10c., 25c.

Directions of special value to women are with every box